

FALL 2007

AHA Classes

- ◆ Basic Life Support
- ◆ ACLS
- ◆ PALS

ORIENTATION

- ◆ New Employee
- ◆ Nursing
- ◆ New Manager

CONTINUING ED

- ◆ Pain Management
- ◆ Wound Care
- ◆ Cardiac Assessment

† CATHOLIC HEALTH
INITIATIVES

Mercy Medical Center

2700 Stewart Parkway Roseburg, OR 97470

Mercy Education Department Class/Course Catalog





Dear Life-Long Learners,

Welcome to the first Education Department class/course catalog for Mercy Medical Center. We hope this information helps you to find and plan the education that you need for your professional development and to advance your career.

We would like to hear from you! In order to better serve your education needs, let us know what additional classes or training you would like us to offer. We would also appreciate any feedback you have regarding ways to improve this catalog. Please feel free to call or e-mail any member of our department.

We look forward to seeing you in our classes!

Sincerely,

Richard Schneider, RN
Mercy Staff Development
Phone: 541-677-1249
E-mail: richardschneider@chiwest.com

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ACLS Provider

Tuition: \$250 (Free to Mercy Employees) Coordinator: Cheryl Palmer

The Advanced Cardiovascular Life Support (ACLS) is a 2-day course designed for healthcare providers who either direct or participate in the resuscitation of a patient. The goal of the ACLS course is to improve the quality of care provided to the adult victim of a cardiac arrest or other cardiovascular emergency. This course is designed to enhance the participant's skills in the treatment of arrest and peri-arrest patients through active participation in a series of simulated cardiac and respiratory cases. These simulations are designed to reinforce the important concepts including: BLS primary survey, ACLS secondary survey, ACLS algorithms, and effective team dynamics. Required text: **ACLS Provider Manual** (copyright 2006) and optional, but highly recommended, **AHA Handbook of Emergency Cardiovascular Care**. Prerequisites: Current BLS for Healthcare Provider card, knowledge of basic cardiac arrhythmias, and completion of ACLS pre-course work.

09/10	8:00A– 8:00P	Sim-Lab
10/22	8:00A– 8:00P	Sim-Lab

ACLS Prep

Tuition: \$25 (Free to Mercy Employees) Coordinator: Cheryl Palmer

ACLS Prep is a 3-hour class designed to give an overview of basic cardiac arrhythmias, drug and electrical therapy in accordance with ACLS guidelines. It is recommended for the first-time ACLS participant and allows time to ask questions.

Required text: **ACLS Provider Manual** (copyright 2006)

Prerequisites: Current BLS for Healthcare Provider card and completion of ACLS pre-course work.

Strongly Recommended: Basic Cardiac Arrhythmia Course

10/15/07	8:00A– 11:00A	ECR
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ACLS Renewal

Tuition: \$150 (Free to Mercy Employees) Coordinator: Cheryl Palmer

The Advanced Cardiovascular Recertification Course is an 8-hour class designed for healthcare providers who are experienced in, and routinely direct or participate in, cardiopulmonary resuscitation. This is an accelerated course designed to enhance the participant's skills in the treatment of arrest and peri-arrest patients through active participation in a series of simulated cardiac and respiratory cases. The simulations are designed to emphasize: BLS primary survey, ACLS secondary survey, ACLS algorithms, and effective team dynamics.

Required text: **ACLS Provider Manual** (copyright 2006) and optional, but highly recommended, **AHA Handbook of Emergency Cardiovascular Care**. Prerequisites: Current BLS for Healthcare Provider card, knowledge of basic cardiac arrhythmias, and completion of ACLS pre-course work.

11/12/07

8:00A– 5:00P

Sim-Lab

ACLS for Physicians

Tuition: \$150 (Free to Mercy Employees) Coordinator: Cheryl Palmer

The ACLS for Physicians class is an Advanced Cardiovascular Recertification Course for Physicians. It is an 8-hour class designed for healthcare providers who are experienced in, and routinely direct or participate in, cardiopulmonary resuscitation. This is an accelerated course designed to enhance the participant's skills in the treatment of arrest and peri-arrest patients through active participation in a series of simulated cardiac and respiratory cases. The simulations are designed to emphasize: BLS primary survey, ACLS secondary survey, ACLS algorithms, and effective team dynamics.

Required text: **ACLS Provider Manual** (copyright 2006) and optional, but highly recommended, **AHA Handbook of Emergency Cardiovascular Care**. Prerequisites: Current BLS for Healthcare Provider card and completion of ACLS pre-course work.

11/6/07

12:00P– 8:00P

Sim-Lab

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Basic Cardiac Arrhythmias

Tuition: \$120 (Free to Mercy Employees)

Coordinator: Richard Schneider

The purpose of this course is to give the healthcare professional the tools and skills to perform basic electrocardiogram (ECG) interpretation. This course covers the principles of ECG interpretation, sinus, atrial, junctional, ventricular, heart blocks, and paced rhythms. This course combines interactive discussions with lots of hands-on practice using cardiac rhythm strips. A basic knowledge of cardiac arrhythmias is a prerequisite for ACLS and PALS.

11/28– 11/29/07

8:00A– 4:30P

ECR

Basic Life Support (CPR) for the Healthcare Provider

Tuition: \$35 (Free to Mercy Employees)

Coordinator: Rhonda Janky

The American Heart Association designed the BLS for Healthcare Providers Course to prepare a wide variety of healthcare professionals to recognize several life-threatening emergencies and to provide CPR, use an AED, and relieve choking in a safe, timely, and effective manner. The course includes adult, child, and infant rescue skills in both the out-of-hospital and in-hospital settings. Required text: **AHA BLS for Healthcare Providers Manual**, copyright 2006.

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Basic Life Support (CPR) for the Healthcare Provider

(continued)

09/06/07	12:00P– 4:00P	ECR
09/24/07	6:00P– 10:00P	ECR
10/03/07	9:00A– 1:00P	ECR
10/25/07	6:00P– 10:00P	ECR
11/05/07	12:00P– 4:00P	ECR
11/13/07	6:00P– 10:00P	ECR
12/05/07	9:00A– 1:00P	ECR
12/10/07	6:00P– 10:00P	ECR

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IV Training

Tuition: \$25 (Free to Mercy Employees)

Coordinator: Richard Schneider

This course is designed for healthcare providers interested in learning the basic technique of IV insertion. Students are assigned the Healthstream module "Essentials of IV Therapy, Module 1" and then arrange time with a Nurse Educator to practice the technique of IV insertion on a manikin. To arrange this training, contact any of the Mercy Staff Development Nurse Educators.

Nonviolent Crisis Intervention

Note: This class is only for Mercy Employees.

Coordinator: Linda Behrens

This interactive course provides training in how to prevent or deescalate disruptive behavior with practical nonverbal/verbal interventions along with personal safety techniques to avoid injury. Physical interventions are taught as a last resort to provide the best possible care, welfare, safety and security for all involved in a crisis situation.

09/04/07	8:00A– 5:00P	CR1
10/02/07	8:00A– 5:00P	CR1
11/06/07	8:00A– 5:00P	CR1
12/04/07	8:00A– 5:00P	CR1

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New Employee Orientation

Coordinator: Rhonda Janky

Mercy's New Employee Orientation is designed to introduce all new employees to the mission and culture of Catholic Health Initiatives and Mercy Medical Center. New Employee Orientation must be completed within the first 30 days of hire.

09/06/07	9:00A– 5:00P	CR1
10/04/07	9:00A– 5:00P	CR1
11/01/07	9:00A– 5:00P	CR1
12/06/07	9:00A– 5:00P	CR1



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New Manager Orientation

Coordinator: Deb Lightcap

Mercy's New Manager Orientation is being revised. Contact Deb Lightcap for more information.

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Nursing Orientation

Coordinator: Richard Schneider

Nursing Orientation is designed to assist new nursing staff with their transition into the clinical area. This program is offered every month and covers topics such as Glucose Monitors, Role of the Chaplain, Wound Care, Restraints, Body Mechanics, Code 4 Procedures, Meditech, IV and PCA pumps, and Medication Safety. CNAs attend the first two days each month and RNs attend all three days.

9/13, 9/20, & 9/21/07	8:00A– 5:00P	ECR
10/11, 10/18, & 10/19/07	8:00A– 5:00P	ECR
11/8, 11/15, & 11/16/07	8:00A– 5:00P	ECR
12/13, 12/20, & 12/21/07	8:00A– 5:00P	ECR

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PBDS Assessment

Coordinator: Richard Schneider

PBDS (Performance Based Development System) is an assessment tool used to evaluate an individual's ability to perform their job safely and effectively. This system assesses the interpersonal and critical thinking skills of nurses and other direct caregivers and makes individualized recommendations for their orientation, training, and professional development. New hires should complete the PBDS assessment as part of their orientation. New graduates should complete approximately six weeks of clinical experience with a clinical coach before completing PBDS.

9/14/07	8:00A– 4:00P	ECR
10/12/07	8:00A– 4:00P	ECR
11/09/07	8:00A– 4:00P	ECR
12/14/07	8:00A– 4:00P	ECR

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Pain Management for Nurses

CE: 6.8 hours

Tuition: \$75 (Free to Mercy Employees)

Coordinator: Richard Schneider

Pain Management for Nurses is a class designed to meet 6 of the 7 hours of pain management education as required by the Oregon State Board of Nursing. Topics that will be covered include general pain management, barriers to managing pain, pain assessment, pharmacological and non-pharmacological treatment of pain, and the treatment of pain in terminally ill and dying patients. Upon completion, participants will be granted 6.8 CE approved through the Arizona Nurses Association. The remaining one hour of required CE is located on the OSBN website.

10/30/07

9:00A– 4:00P

CR1

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PALS Provider

Tuition: \$250 (Free to Mercy Employees)

Coordinator: Richard Schneider

The Pediatric Advanced Life Support (PALS) Provider Course is designed for healthcare providers who initiate and direct advanced life support beyond basic life support through the stabilization or transport phases of a pediatric emergency, either in or out of the hospital. In this course, you will enhance your skills in the evaluation and management of an infant or child with respiratory compromise, circulatory compromise, or cardiac arrest. Skills stations are used to practice effective pediatric assessment and resuscitation.

Required texts: **PALS Provider Manual** and **PALS Course Guide**(copyright 2006); optional, but highly recommended, **AHA Handbook of Emergency Cardiovascular Care**. Prerequisites: Current BLS for Healthcare Provider card, knowledge of basic cardiac arrhythmias, and completion of PALS pre-course work.

09/06- 09/07/07	9:00A– 5:00P	Sim-Lab
12/17/07	7:30A– 7:00P	Sim-Lab

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TEAM Course

Tuition: \$250

(Free to Mercy Employees with manager's approval)

Coordinator: Cheryl Palmer

The Oregon Trauma Emergency Assessment and Management (T.E.A.M.) is a two day course designed to provide a foundation for nurses who participate in the care of trauma patients. This course includes lectures on the initial management of the traumatized patient and hands on application of those learned skills. The T.E.A.M. course meets criteria for the Oregon Trauma system hospital requirement for a Health Division approved trauma life support course for nurses. Any registered nurse may attend.

Contact Cheryl Palmer or Rhonda Janky for registration information.

09/21- 09/22/07

8:00A– 5:00P

Sim-Lab

TNCC Provider Course

Tuition: \$250 for the class and \$40 for the textbook.

(Free to Mercy Employees with manager's approval)

Coordinator: Cheryl Palmer

Trauma Nurse Core Curriculum is a 2-day course designed to provide E.R. Nurses, ICU nurses, and EMT's with core knowledge and skills to care for a trauma patient. It includes initial assessment, airway management, immobilization devices, and multiple trauma interventions. The course includes lectures and hands on participation in simulated cases utilizing these skills. Skills will be assessed in testing stations.

Required text: ***TNCC Provider Manual*** (5th ed.)

09/29- 09/30/07

7:15A– 5:30P

Sim-Lab

12/07- 12/08/07

7:15A– 5:30P

Sim-Lab

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HealthStream

To log into HealthStream

1. Type in your **User ID**, which is your date of birth (2-digit month, 2-digit day) and the last four digits of your Social Security Number.

Example: Birthday May 23, 1972

SSN 542-56-3897

User ID: 05233897

2. Type in your **password**. Your initial password is the same as your User ID, but you can change it.
3. To change your password, click on the “My Profile” sub-tab, which will bring up the “Change Password” screen.

Education PRN

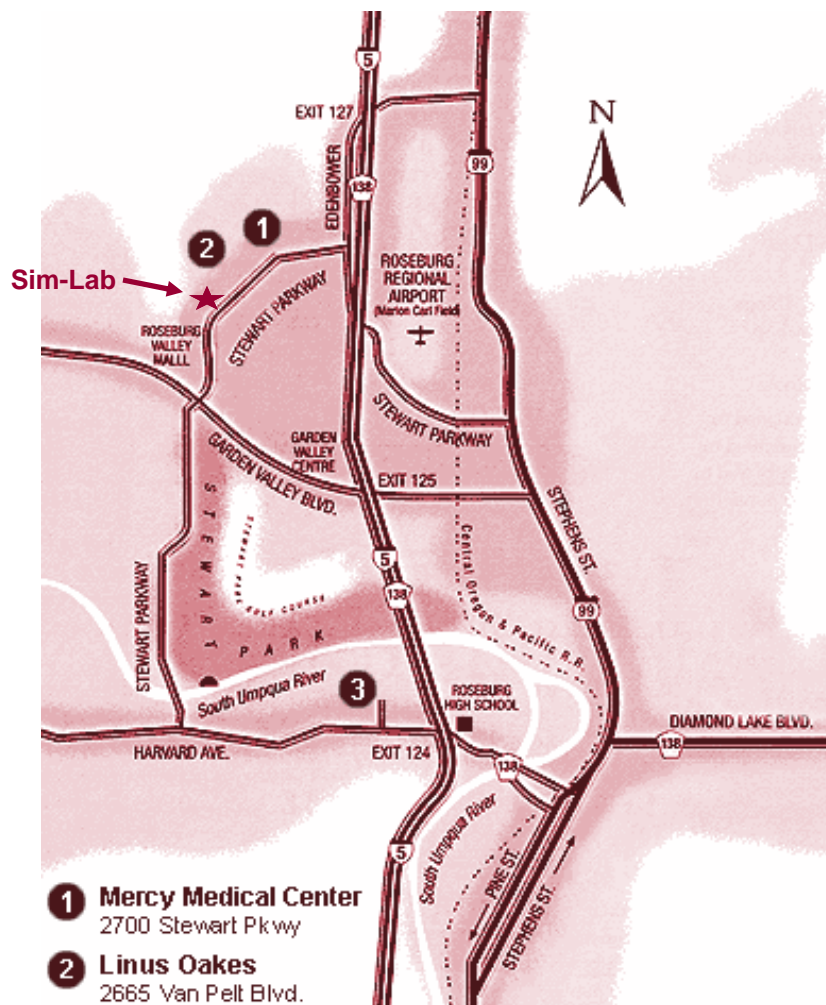
Other classes and training is provided throughout the year as requested. If you have a need, please contact the Staff Development Department to assist you with setting up a program. Class offerings include:

- ◆ Wound Care
- ◆ Cardiac Assessment
- ◆ Procedural Sedation
- ◆ Medical Terminology

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Classroom Locations

CR1	Hospital Conference Room 1
CR2	Hospital Conference Room 2
ECR	Education Conference Room (HR Building)
Sim-Lab	Simulation Lab



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Directions to Sim-Lab (Nursing Science Resource Center)

2460 NW Stewart Parkway (541-464-3100)

Traveling I-5 Northbound (from Medford):

1. From I-5 northbound, take the **EDENBOWER BLVD. exit 127** – toward North Roseburg.
2. Turn **LEFT** onto **NW EDENBOWER BLVD.**
3. Travel 0.5 miles and turn **RIGHT** onto **NW STEWART PARKWAY.**
4. Travel 0.4 miles to the Stewart Parkway Medical Building (on your right, across the street from McDonalds).

As you face the building, go in the doors farthest to your left, walk up the stairs to the second floor, and follow the signs to the classroom.

Traveling I-5 Southbound (from Eugene):

1. From I-5 southbound, take the **EDENBOWER BLVD. exit 127**—toward North Roseburg.
2. Turn **RIGHT** onto **NW EDENBOWER BLVD.**
3. Travel 0.5 miles and turn **RIGHT** onto **NW STEWART PARKWAY.**
4. Travel 0.4 miles to the Stewart Parkway Medical Building (on your right, across the street from McDonalds).

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Registration Information

Mercy Employees: to sign up for any class in this catalog, follow these steps:

1. Complete a "Vacation Request" form for the date(s) of the class you want to take so that you will not be scheduled to work during class time.
2. Obtain your manager's signature on this form.
3. Call Rhonda Janky at 677-4321 to register for the class.
4. Obtain any required textbooks. Texts for BLS, ACLS, and PALS can be borrowed from the Staff Development office (located in the back of the Human Resources building) for a deposit (BLS \$10, ACLS \$30, PALS \$35). When you return the book in satisfactory condition, you get your deposit back.
5. Call Rhonda a week before the class to verify the class time and location.
6. If you cannot attend a class you are registered for, please call Rhonda as soon as possible to cancel or reschedule.

Outside Participants: to sign up for a class in this catalog, follow these steps:

1. Call Rhonda Janky at 541-677-4321 to verify the class time, location, and availability.
2. Photocopy the registration form, fill it in, and send it to Mercy Staff Development with fee.
3. Pre-registration is required for all classes.
4. **Cancellations made less than 7 days prior to the class will be charged a \$25 processing fee. "No-shows/No-calls" will be responsible for full payment.** Full refund if class is cancelled.

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Registration Form

Name / Title: _____

Address: _____

City / State: _____

Zip Code: _____

Home Phone: (____) _____

Work Phone: (____) _____

E-mail: _____

Employer: _____

ENA Number (for TNCC): _____

Method of Payment (cash or check only please):

Cash (amount: \$ _____)

Check (amount: \$ _____)

Make check payable to: **Mercy Medical Center Staff Development**

Send completed registration form and payment to:

Attn: Rhonda Janky
Mercy Medical Center
Staff Development Department
2700 Stewart Parkway
Roseburg, OR 97470



 CATHOLIC HEALTH
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Mercy Medical Center

2700 Stewart Parkway Roseburg, OR 97470

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